

3. The word “worship” comes from the Hebrew word shachah which actually means “prostrate”, “bow (self) down”, “do reverence, make to stoop”. The idea of bowing and worshipping in verse 31 are very similar. Both are communicating that the Israelites were in full surrender to the Lord.
4. How does this connect to today’s understanding of worship in the church?
5. How does this represent your life of worship to the Lord?



Exodus 4:18-31

18 Then Moses departed and returned to Jethro his father-in-law and said to him, "Please, let me go, that I may return to my brethren who are in Egypt, and see if they are still alive." And Jethro said to Moses, "Go in peace." 19 Now the LORD said to Moses in Midian, "Go back to Egypt, for all the men who were seeking your life are dead." 20 So Moses took his wife and his sons and mounted them on a donkey, and returned to the land of Egypt. Moses also took the staff of God in his hand. 21 The LORD said to Moses, "When you go back to Egypt see that you perform before Pharaoh all the wonders which I have put in your power; but I will harden his heart so that he will not let the people go. 22 "Then you shall say to Pharaoh, 'Thus says the LORD, 'Israel is My son, My firstborn. 23 "So I said to you, 'Let My son go that he may serve Me'; but you have refused to let him go. Behold, I will kill your son, your firstborn.'"" 24 Now it came about at the lodging place on the way that the LORD met him and sought to put him to death. 25 Then Zipporah took a flint and cut off her son's foreskin and threw it at Moses' feet, and she said, "You are indeed a bridegroom of blood to me." 26 So He let him alone. At that time she said, "You are a bridegroom of blood"--because of the circumcision. 27 Now the LORD said to Aaron, "Go to meet Moses in the wilderness." So he went and met him at the mountain of God and kissed him. 28 Moses told Aaron all the words of the LORD with which He had sent him, and all the signs that He had commanded him to do. 29 Then Moses and Aaron went and assembled all the elders of the sons of Israel; 30 and Aaron spoke all the words which the LORD had spoken to Moses. He then performed the signs in the sight of the people. 31 So the people believed; and when they heard that the LORD was concerned

about the sons of Israel and that He had seen their affliction, then they bowed low and worshiped.

Day 1

1. Read Exodus 4:18-31 and
 - a. Identify who is in this passage.
 - b. Observe what is taking place by writing notes in the margin.
 - c. Observe where the events are taking place.
 - d. Using a colored pencil or pen, mark the action verbs in v.28-31.
 - e. Write any questions that come to mind in the margins.

Day 2

1. Focus on verses 27-31. Record the list of events in order.

2. What did the people do after they heard Aaron speak and witnessed the signs that were performed?

3. Verse 31 says “so the people believed”. Today the word believe means to “accept (something) as true” or to “hold (something) as an opinion; think or suppose”. However, the word believed in verse 31 is translated from the Hebrew word ‘aman which means “to stand firm, to trust, to be certain, to believe in”. How does the Hebrew meaning of “believed” challenge your current understanding of what it means to “believe”?

4. According to your answer in question 4, what does Paul mean when he says “believe in the Lord Jesus, and you will be saved—you and your household” in Acts 16:31?

5. Evaluate. Where are you in terms of your belief in Jesus?

Day 3

1. Focus on verse 31. How did the Israelites respond when “they heard that the LORD was concerned about the sons of Israel and that He had seen their affliction”?
2. The action of bowing revealed a person’s neck which symbolized that the person was fully exposed. It also removed the ability to see because the person’s eyes would be facing the ground rather than the one to whom they were bowing. These two combined together communicated full surrender of one’s life into the hands of the one to whom they were bowing.